



Suggested Donations

Food Parcel Items

Below is a list of non-perishable items that go into Mission food parcels at Christmas time:

- Tinned fruit and vegetables
- Baked beans, tinned soup and tinned spaghetti
- Tinned meat and fish
- Pasta sauce, pasta and rice
- Breakfast cereal and muesli bars
- Spreads, such as jam, peanut butter or honey
- Flour and sugar
- Christmas treats, such as mince pies, biscuits and chocolate
- Baby food
- Nappies
- Toiletries, such as soap, shampoo, deodorant and feminine hygiene products

Gift Ideas

Donations of **new, unwrapped** gifts for children and teenagers are hugely appreciated. Please do not gift clothes as it is difficult to allocate sizes. Here are a few popular gift ideas:

Infants

Rattles, night lights, bath toys, teething rings

Toddlers

Bath toys, puzzles, soft toys, Duplo, pull-along toys

Primary School

Puzzles, dress-ups, dolls/action figures, Lego, craft kits, toy cars, animal figurines

Teenagers

Sports ball, scarfs, hats, beach towels, toiletries, gift voucher or Prezy card

Family/All Ages

Board games, books, stationery, reusable drink bottles, toiletries, gift voucher or Prezy card

We can only accept **new** items for Christmas gifts. Quite often this is the only present a child is receiving, so we want to make sure they receive something that's just for them and not pre-loved.

While gift donations should be left unwrapped, the Mission is always grateful for donations of tape and wrapping paper!

We suggest a budget of about \$10-\$20 per gift.